

# POWERED UP TO GO THE EXTRA MILE

Where do you need God right now?



"I've commanded you to be brave and strong, haven't I? Don't be alarmed or terrified, because the LORD your God is with you wherever you go."

Joshua 1:9, CEB

"Empowered people give it their all, even on their worst days. They're always pushing themselves to go the extra mile. One of Bruce Lee's pupils ran three miles every day with him. One day, they were about to hit the three-mile mark when Bruce said, 'Let's do two more.' His pupil was tired and said, 'I'll die if I run two more.' Bruce's response? 'Then do it.' His pupil became so angry that he finished the full five miles. Exhausted and furious, he confronted Bruce about his comment, and Bruce explained it this way: 'Quit and you might as well be dead. If you always put limits on what you can do, physical or anything else, it'll spread over into the rest of your life. It'll spread into your work, into your morality, into your entire being. There are no limits. There are plateaus, but you must not stay there; you must go beyond them. If it kills you, it kills you. A man must constantly exceed his level.' If you aren't getting a little bit better each day, then you're most likely getting a little worse—and what kind of life is that?" (Travis Bradberry, "Here's Why Your Attitude Is More Important Than Your Intelligence")



## PRAYER

Dear God, I sometimes grow weary and uncertain. Doubt and fear creep silently into my heart and soul. Empower me with courage and resiliency to persevere.

New additions to **GBHEM's** Leader **Devotions Series** will be added to the agency's **E-Resources** webpage every Wednesday, April 8 – June 10, 2020.

Have a question about higher education and ministry during a global health crisis? Submit it to our **E-Resources FAQ page**.