WHEN YOU AREN'T FEELING CONFIDENT

"You will not be afraid when you go to bed, and you will sleep soundly through the night. You will not have to worry about sudden disasters, such as come on the wicked like a storm. The LORD will keep you safe. He will not let you fall into a trap." Proverbs 3:24-26, GNT

"You can project confidence by doing four things. First, demonstrate empathy for your team members. They want to know that you aren't out of touch with what they're feeling. Second, communicate your vision for the team—and that's a tough challenge. People need to have a clear sense of where they are headed. Third, set a direction for the team. Show them how you'll reach the vision together. Last, give people proof. They need a reason to buy in to what you're telling them, so offer evidence for your direction and optimism. Be specific, be personal, and reference the work that the team is already doing. This will build your team's confidence—and your own." (Peter Bregman, "How to Lead When You're Feeling Afraid")

PRAYFR

God, you are my rock in whom I find my strength and confidence to go forward. Although I may have doubts and fears, I know you will never leave me and will sustain me.

